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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday**  | **Friday**  |
| **Breakfast** | Selection of cereals or wholemeal toastBagel **Wheat, soya** | Selection of cereals or wholemeal toastcroissant**Wheat,milk**  | Selection of cereals or wholemeal toastpancake**Wheat, milk,egg** | Selection of cereals or wholemeal toastBrioche **Wheat, milk egg** | Selection of cereals, or wholemeal toastScrambled egg**Wheat, egg** |
| **Mid-morning snack** | Fresh fruitSavoury cracker | Fresh fruitSavoury cracker | Fresh fruitSavoury cracker | Fresh fruitSavoury cracker | Fresh fruitSavoury cracker |
| **Lunch** | **Beef lasagne with garlic bread and broccoli****Gluten, milk****Watermelon**  | **Katsu chicken curry with rice, cauliflower and Naan bread****Gluten, soya****Summer fruit crumble****Wheat** | **Fish fingers with mash and peas** **Fish****Pineapple upside down cake** **Wheat,egg** | **Chicken stir-fry** **With noodles****Wheat,egg****Fruit salad with ice cream****milk** | **Beef chilli with rice and** **sweetcorn** **Butterscotch mousse** **Milk**  |
| **Vegetarian****Lunch** | Quorn mince | Quorn pieces  | As above  | Quorn pieces | Quorn mince  |
| **Mid afternoon snack** | Fresh fruit  | Fresh fruit  | Fresh fruit  | Fresh fruit  | Fresh fruit  |
| **Tea** | **Chicken goujons with couscous and baked beans** **Wheat** **Strawberries and cream** **Milk**  | **DIY wraps with selection of fillings and veggie sticks** **Wheat** **Banana loaf** **Wheat,egg**  | **Deconstructed pasta with cheese and a tomato sauce** **Veggie sticks****Wheat, milk** **Greek style yoghurt** **Milk**  | **Part bake baguettes with a various of fillings and veggie sticks** **Wheat milk** **Teacake****Wheat,soya** | **Muffin pizza with various fillings and veggie sticks****Wheat, milk**  |
| **Vegetarian** **Tea** | Quorn nuggets  | As above | As above | As above  | As above |
| **Drinks** | Milk or water | Milk or water | Milk or water | Milk or water | Milk or water |

**Allergies** – all allergies & dietary requirements are catered for. Dairy, wheat & gluten alternatives will be incorporated within this menu.

**Meat** – all meat is sourced locally from burtons butchers.

**Tiny ones/weaning** – we can puree our meals for the youngest and also adapt for the young ones by making vegetable purees etc.

All puddings will be made with reduced sugar or are sugar free.